LEAP PRIORITIZER SNAPSHOT

Let's get right to it with a simple Snapshot to pinpoint your priorities for next steps. **RANK** the following Life Upgrade "opportunities" in order of priority for each of the categories below. (1 = Greatest Need for Improvement)

It is understood that many are not mutually exclusive from one another. However, this exercise is most intentional. Try to be certain about the Top 2 in each category.

NEGATIVE MINDSET

____ Worry
____ Forgiveness
____ Anger
____ Grief
____ Regret
____ Other _____

POSITIVE MINDSET

____ Perception
____ Earned Confidence
____ Self-Kindness
____ Intuition (self-trust)
____ Gratitude

SELF-RELATIONSHIP

____ Self-respect
____ Self-esteem
____ Self-confidence
____ Self-belief
____ Self-love

WELL-BEING

____ Mood Health
____ Personal Energy Awareness
____ Interpersonal Energy Awareness
____ Mindfulness
____ Lifestyle (bad habits)

RELATIONSHIPS

____ Manipulators / Haters
____ Kindness / Integrity
____ Tribe Upgrade
____ Domestic Harmony
____ Prevention

LEGACY

____ Pinpoint Purpose (Your "Why")
____ Career Shift
____ Stagnation
____ Regret Prevention
____ Vision/Intention

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