INEVITABILITY
SECTION SUMMARY

If Harnessing Gratitude is about setting and aligning expectations, then Inevitability is about following through and aligning your self-belief.

In other terms, the nucleus of the power of Inevitability is the Human Spirit. This relates specifically to what we've already discussed about your spiritual energy. Our innate passion is fueled by purpose and having a life of meaning.

Many of us struggle to keep up with fast-paced lives and rarely stop to ask ourselves what we stand for and who we want to be. As a consequence, we let external demands dictate our actions. But not you. You're here.

Inevitability brings how we can clarify that purpose – your "why" – into focus, as well as to set intentions. If there was ever a time to affirm and align your purpose with the actions that follow, it's within your commitment to attain a Life Upgrade.

Another important part of this exercise has less to do with clarity as much as it does to clarify incongruencies and what we can do to close those current gaps. This involves several core facets of our lives. For our careers, it's mainly a question of whether you're doing what you do best and enjoy most. We'll spend the next section on Aligning Your Livelihood. There's also the importance of work-life balance and the freedom to consciously allocate your time and energy to what you deem most important, such as your family, health and service to others.

And while the focal point of Inevitability is about achieving longer-term goals that are effortful, it's at least as essential for your daily behaviors to remain aligned with your core values. Those consistent, incremental daily steps forward compound over time to make your Inevitability an eventuality. We've already made thorough progress with your self-discovery activities in Module I and will again on Day 29 with the culmination of your LEAP.

DAY 24 Activities

- Inevitability Video
- Inevitability Section Summary (you are here)
- Purpose Pinpointer
- Intention Setter

DAY 25 Activities

- Self-Belief Assessor
- Habit Former

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